

**China Trip 2018**

| DAY#  | Destination | Itinerary   | Hotel City |
|-------|-------------|---|------------|
| 1     | Shanghai    | 美国-上海 (飞机) <b>Arrive Shanghai</b> , Pu Dong International airport   | Shanghai   |
| 2     | Shanghai    | 外滩/东方明珠 <b>The Bund</b> is located in Huangpu District, Shanghai Huangpu River, Shanghai is one of the most symbolic attractions. <b>The “East Peal” tower</b> is one of Shanghai's iconic cultural landscapes, located in Lujiazui, Pudong New Area, adjacent to the Huangpu River, and the Bund across the river. It's height reaches 467.9 meters, is a perfect place to watch the night view of Shanghai. |            |
| DAY 3 | Shanghai    | 田子坊 <b>TianZiFang</b> was evolved from the most distinctive Shikumenli in Shanghai.<br>Most of personality, literary young people will first go to Shanghai to run here to feel Tianzifang distinctive personality.   | Shanghai   |
|       |             | 城隍庙、步行街 <b>The ChengHuang temple and The nanjing road</b> ,a lot of visitors,all kinds of snacks,is very lively and popular.Do not miss the night after the lights turned on, the pedestrian street will become more magnificent.   |            |
| DAY 4 | Xi'an       | 上海-西安 (飞机) fly to Xi'an   | Xi'an      |
|       | Xi'an       | 西安城墙、回民街 <b>The Xi'an City Wall</b> is located in the central area of Xi'an, was rectangular. It is the most complete ancient city wall building in China and has a history of 1,400 years since the Sui and Tang dynasties. <b>The HuiMin road</b> ,a lot of visitors,all kinds of snacks,is very lively and popular.  |            |
| DAY 5 | Xi'an       | 华清宫 <b>The Huaqinggong Palace</b> has been a royal tour bathing resort since ancient times, it is said that it was once Yang princess bathing place.  | Xi'an      |

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|       |       | 秦始皇陵兵马俑 <b>The Qin Shi Huang Terracotta Warriors and Horses Museum</b> are known as the "eighth wonder of the world", it is an unparalleled underground military array in the world and is magnificent   |       |
| DAY 6 | Xi'an | 大明宫/大雁塔 <b>The Tang Daming Palace</b> is the world's most famous Tang Chang'an City "Big Three" (Tai Chi Palace, Daming Palace, Xingqing Gong) in the most splendid buildings.   | Xi'an |
|       |       | 大唐芙蓉园 <b>The Datang Furong Garden</b> is the largest cultural theme park in Northwest China. The Datang Furong Garden has two "the world's largest": the world's largest outdoor perfumery project and the world's largest water screen film show. |       |

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| DAY 7 | Changsha | 西安-长沙 (高铁) By the <b>train to Changsha</b>   | Changsha |
| DAY 8 | Changsha | 天心阁 In the morning, go to public park observe/participate local practice Tai Chi or other exercises. then,going to <b>Tianxin Pavilion Scenic</b> , Today, in the ancient city of Changsha, there are 2,200-year-old ancient city wall is the only remaining physical.   | Changsha |
|       |          | 橘子洲( <b>The Orange Island</b> )<br>Chairman Mao's "Spring In A pleasure Garden"Changsha :<br>" Alone I stand in the autumn cold,On the tip of Orange Island,The Xiang flowing northward," said Orange Island in the downtown area of Changsha Xiangjiang River is A long island of about ten years, an important attraction in Changsha. |          |
| DAY 9 | Changsha | 三馆一厅( <b>the Binjiang Cultural Park</b> )<br>Visit the [Binjiang Cultural Park] with the sculpture style of "just, stubborn, courageous and tough", and visit four architecture (Hunan provincial museum, Hunan Exhibition Hall, provincial library, and music hall)   | Changsha |

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|        |           | 省博物馆,As the largest history and art museum in <b>Hunan province, the Hunan Museum</b> covers an area of 49,000m <sup>2</sup> , with the building area reaching 91,000m <sup>2</sup> . It is one of the first batch of national first-level museums and one of the first eight national museums co-funded by central and local governments. |           |
| DAY10  | Changsha  | 岳麓山/爱晚亭 <b>Yuelu Mountain</b> is one of the peaks of Mount Hengshan in Mt.Nanyue. It is west of Changsha and west of Xiangjiang River.Yuelu Mountain scenic area includes <b>Yuelu Academy, AiWan Pavilion</b> , and other famous attractions.   | Changsha  |
|        |           | 去按摩中心, 晚上在渔人码头用餐Get <b>Chinese therapeutic massage</b> at wellness center. Meet locals for casual dinner at fish port, and conversation with locals.   |           |
|        |           | 梅溪湖夜景,evening visit <b>Mei Xi Lake (A world class performing art center</b> is there).   |           |
| DAY 11 | Fenghuang | 长沙--凤凰古城 5 hour <b>bus ride to Feng Huang</b> Old town in a minority district.   | Fenghuang |
|        |           | 凤凰古城 (含特色晚会) Visit <b>Feng Huang old town</b> , unique house, people, art, and more,including the local special Performances.  |           |
| DAY 12 | Fenghuang | 苗人谷 Visit <b>Miao minority vally.</b>  | Changsha  |
|        |           | 凤凰-长沙 By <b>the bus come back to Changsha</b>  |           |
| DAY 13 | Changsha  | Free time  | Changsha  |
| DAY 14 | Shanghai  | Train or flight to Shanghai. Free time   | Shanghai  |
| DAY 15 | America   | Fly back home.   |           |

- The date of travel is September 4<sup>th</sup>, 2018, arriving China on September 5 (there is 12 hour difference)
- The trip in China is organized by Chinese travel agent, and there will be a tour guide (English speaker) with our group all the time.
- The fee is around \$2500.00, can vary depending on the dollar exchange rate.
- The fee includes lodging, food, tours, one massage, and transportation in China.
- You will be responsible for your flight to China and back to US. (Arriving at Shanghai and leaving from Shanghai.)
- You will be responsible for your passport, visa to main land China, those may take time.
- The trip will be canceled if less than 10 people sign up. Deadline for (check) deposit of \$1500 is April 30th, and balance is due on August 15.  
Mail check to: Dr. Aihan Kuhn, 1214 Fraser Pine Blvd. Sarasota, FL 34240
- Once the trip is confirmed, you will need to purchase your flight to Shanghai on September 4<sup>th</sup>.
- If the trip is canceled, your deposit check will be avoided.

Please let me know if you have any other questions.

Dr. Aihan Kuhn